

# Libby's Kitchen Menu (Sep.2025 / 2025年09月)

School : \_\_\_\_\_

Student: \_\_\_\_\_

Total Meal : \_\_\_\_\_

Parent's Contact: \_\_\_\_\_

Total Amt : \_\_\_\_\_

Week		Mon. 1	Tue. 2	Wed. 3	Thur. 4	Fri. 5
		<i>Labour Day</i>	A Chinese Sausage Fried Rice 腊肠什锦炒饭 B Chicken Veg Dumplings 鸡肉蔬菜蒸饺 C Mixed Veggie Riceball 海苔蔬菜饭团	A Chicken Mac&Cheese 鸡肉香肠通心粉 B Sweet&Sour Meatball 糖醋丸子 C Mash Potato w/Tofuball 土豆泥配豆腐丸子	A Beef Taco 墨西哥牛肉卷 B Spaghetti w/Pork Meatball 番茄意面配猪肉丸子 C Teriyaki Tofu 照烧豆腐	A Popcorn Chicken w/Potato 椒盐鸡米花配土豆泥 B Beef Lasagna 意大利牛肉千层饼 C Grilled Chicken Leg w/Rice 香烤鸡腿配奶油玉米
Week		Mon. 8	Tue. 9	Wed. 10	Thur. 11	Fri. 12
		A Sweet&Sour Chicken 菠萝咕咾鸡 B Teriyaki Beef Noodle 照烧日式牛肉炒面 C Vegetable Lasagna 芝士蔬菜素千层	A Taiwanese Fried Chicken 台式盐酥鸡饭 B Spaghetti w/Meat Sauce 番茄肉酱意面 C Veggie Fried Rice 蘑菇时蔬素炒饭	A Chicken Fried Rice 鸡肉炒饭 B Bacon Mac&Cheese 蘑菇培根通心粉 C Yaki Udon w/Mixed Veggie 日式杂菜炒乌冬(素)	A Deep Fried Fish Filet 椒盐鱼片 B TW Style Braised Pork 台式卤肉饭 C Stir-Fried Diced Vegetable 酱爆素三丁	A Crab Salad Sandwich 蟹肉沙拉三明治 B Lemon Chicken 柠檬鸡配米饭 C Chicken Broccoli w/Rice 西兰花炒鸡肉
Week		Mon. 15	Tue. 16	Wed. 17	Thur. 18	Fri. 19
		A Chicken Fried Noodle 鸡肉炒面 B Chicken Tender & Fries 麦香鸡配薯条 C Scrambled Egg w/Tomato 番茄炒蛋	A Beef Hot Dog 牛肉热狗 B Mushroom Bacon Pasta 蘑菇培根奶油意面 C Stir-Fried Veggie 地三鲜	A Teriyaki Chicken w/Rice 照烧鸡 B Mash Potato w/Meatball 土豆泥配牛丸 C Vegan Dumplings 全素蒸饺	A Beef Fried Rice 牛肉炒饭 B Orange Chicken w/Rice 橙汁鸡配米饭 C Vegetarian Japchae Noodle 韩式炒杂菜(素)	A Steamed Egg w/Pork 肉末蒸蛋 B Creamy Ham Carbonara 白汁奶油火腿意面 C Riceball w/Shreded Pork 海苔肉松饭团
Week		Mon. 22	Tue. 23	Wed. 24	Thur. 25	Fri. 26
		A Tuna salad Sandwich 吞拿鱼沙拉三明治 B Baked Cheese Meat Sauce w/ Rice 芝士肉酱焗意饭 C Butter Veggies w/Rice 咖喱黄油炒杂菜	A Beef Broccoli w/Rice 西兰花炒牛肉 B Spaghetti w/Meat Sauce 番茄肉酱意面 C Cheese Stick & Wedges 芝士条配薯条	A Kyoto Style Pork Chop 京都猪扒 B Marinated Chicken Leg 香卤鸡腿配米饭 C Sweet & Sour Tofu Ball 糖醋豆腐丸子	A Chicken Stick Wrap 芝士鸡肉卷 B BBQ Pork w/Rice 叉烧饭 C JP Style Curry Veggie 日式咖喱炒杂菜	A Korean Beef Bibimbap 韩式牛肉拌饭 B Spaghetti w/Beef Meatball 番茄牛丸意面 C Ham Fried Rice 扬州炒饭
Week		Mon. 29	Tue. 30	Wed.	Thur.	Fri.
		A Grilled Chicken w/Rice 香烤鸡胸配米饭 B Fish & Chips 炸鱼薯条 C Veggie Fried Noodle 蘑菇什锦素炒面	National Day for Truth and Reconciliation			

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).

## Libby's Hot Lunch Registration Form



Libby's Kitchen is a hot lunch provider dedicating in preparing delicious hot lunch meals for children. We aim to provide delicious food and excellent service to elementary schools and daycare centers. We offer Daily Hot Lunch Program and School Hot Lunch Program to serve the demand of different school and organization. Our menu is carefully designed in compliance with *The Guidelines for Food and Beverage Sales in BC & School Meal* and *School Nutrition Program Handbook* to ensure nutrients intake and food variation. For more information, please visit [libbyskitchen.ca](http://libbyskitchen.ca) or contact us.

### **Libby's Note:**

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient without further notice. Should you have any question, please do not hesitate to contact us at 778-886-0096 or [libbykitchen@outlook.com](mailto:libbykitchen@outlook.com). Your business is highly appreciated!

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[www.libbyskitchen.ca](http://www.libbyskitchen.ca)